

# *St. Alphonsus Liguori "Rock" Catholic Church*

*1118 North Grand Blvd. St Louis, MO 63106*

*314-533-0304 (ph) 314-533-4260 (fax) parish130@archstl.org (e-mail)*

*www.stalphonsusrock.org (website)*

*or Like us on Facebook at St Alphonsus "Rock" Liguori Catholic Church*

*Rev. Rodney Olive, C.Ss.R., Parochial Administrator*



## **Mission**

**“To Joyfully Preach, Teach, and Live the Word of God”**

## *Theme*

*“God is alive, and He will keep us revived in 2025!”*



### **PASTORAL STAFF**

Sharon Cooney-Smith, Dir. Religious Education  
Alicia McClendon, Secretary  
Deborah Grant, Clerical Support  
Angela Harris, Bulletin Editor  
Denise Phillips, Business Manager

### **SUPPORT STAFF**

Bro. Eugene Patin, Pastoral Staff  
Terrance Gipson, Maintenance  
Terri Schneider, Dir. Hardin Food Pantry

### **MUSIC MINISTRY**

Malcolm Speed  
Danny duMaine

### **REDEMPTORISTS IN RESIDENCE**

Rev. Tom Donaldson, C.Ss.R.

### **SACRAMENT OF RECONCILIATION**

(Call for Appointment)

### **SUNDAY MASS:**

**10:00 a.m.**

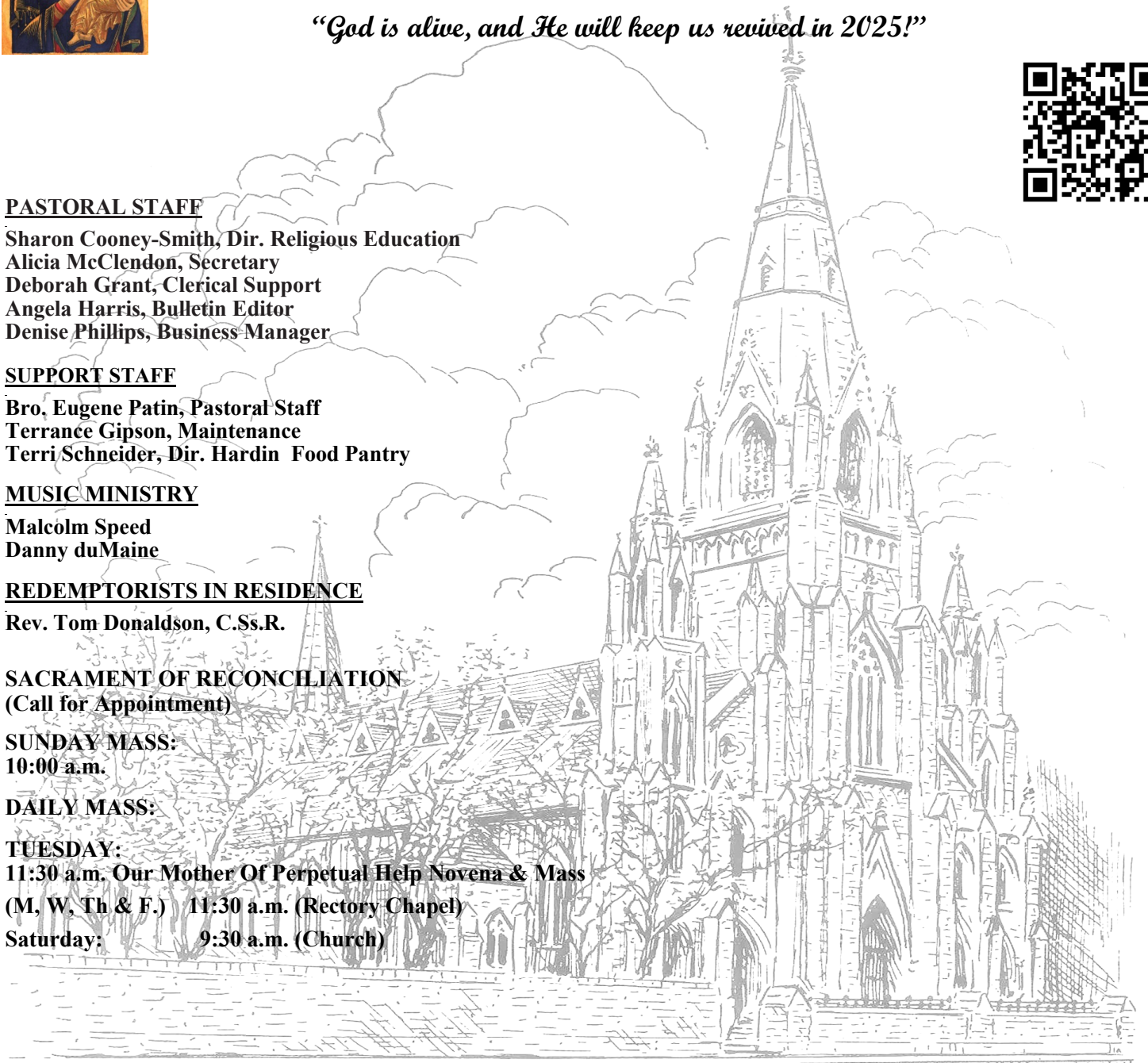
### **DAILY MASS:**

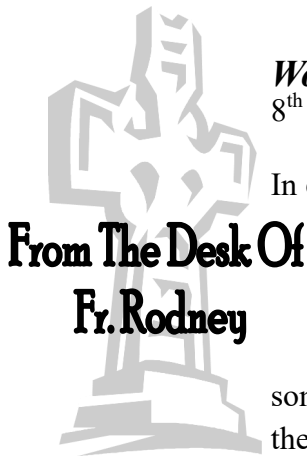
#### **TUESDAY:**

**11:30 a.m. Our Mother Of Perpetual Help Novena & Mass**

**(M, W, Th & F.) 11:30 a.m. (Rectory Chapel)**

**Saturday: 9:30 a.m. (Church)**





## *Words That Come From the Heart*

8<sup>th</sup> Sunday of Ordinary Time

In everyday life we know one fact to be true all the time, “Words Matter”. The words that are spoken from our mouth come from the heart. These words reflect the truth we believe in the recesses of our soul. My elders in the Caribbean taught me that when you speak to someone always stand in front of the person and look into their eyes. Why, I asked. The answer to this question would make sense when I was much older, wisdom does come with age. You see, the body can lie, and the mouth can lie. The eyes never lie, they are the windows to the heart and soul. Only the truth resides there, good or bad.

The prophet, in the Book of Sirach, teaches us that to listen carefully is the proof of wisdom. The way a person talks reveals their interior life. A person’s speech demonstrates the speaker’s whole outlook on life. A good person produces goodness, evil produces evil. Praise should follow speech since speech is the ultimate test of a person.

So then we must realize the words of Jesus are wisdom and life. They are a call to a transformation to new type of existence in this reality and society we live in today. You and I can only realize the true power of this by entering into the resurrection experience of Jesus. It is the resurrection that overcomes the darkness in our lives. Otherwise, sin manipulates us into blind obedience to the law. Jesus reaches out to us so we can experience true life and happiness.

In chapter 6 of Lukes gospel, Jesus teaches us that the secrets of the heart are revealed by the words that come out of our mouth. It is the heart, our conscience, and our attitude that are the fountain of good or bad things. Jesus calls us to remove the film of distrust, and correct any shortsighted suspicion from ourselves. Rather, embrace mercy, understanding and compassion, which leads us to forgive ourselves and then our neighbor. This is the key to creating a better world inside and out.

Parochial Administrator

### WEEKLY READINGS...

#### *Sunday:*

Sir 27:4-7/Ps 92:2-3, 13-14, 15-16  
(see 2a)/1 Cor 15:54-58  
Lk 6:39-45

#### *Monday:*

Sir 17:20-24/Ps 32:1-2, 5, 6, 7  
Mk 10:17-27

#### *Tuesday:*

Sir 35:1-12/Ps 50:5-6, 7-8, 14 and  
23/Mk 10:28-31

#### *Wednesday:*

Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17/2 Cor 5:20—6:2  
Mt 6:1-6, 16-18

#### *Thursday:*

Dt 30:15-20/Ps 1:1-2, 3, 4 and 6  
Lk 9:22-25

#### *Friday:*

Is 58:1-9a/Ps 51:3-4, 5-6ab  
18-19/Mt 9:14-15

#### *Saturday:*

Is 58:9b-14/Ps 86:1-2, 3-4, 5-6  
Lk 5:27-32

#### *Sunday:*

Dt 26:4-10/Ps 91:1-2, 10-11  
12-13, 14-15 (see 5b)  
Rom 10:8-13/Lk 4:1-13

### SAINTS AND SPECIAL OBSERVANCES

#### *Sunday:*

8<sup>th</sup> Sunday in Ordinary Time

#### *Monday:*

St. Katharine Drexel, Virgin

#### *Tuesday:*

St. Casimir

#### *Wednesday:*

Ash Wednesday

#### *Friday:*

Sts. Perpetua and Felicity, Martyrs

#### *Saturday:*

St. John of God, Religious

#### *Sunday:*

1<sup>st</sup> Sunday of Lent

Daylight Saving Time begins

Spring  
forward



**REMEMBER**  
*in your prayers*

**INTENTIONS 02/25/25**

Carr, Jeff  
Diaz, Evie  
Duclerne, Joseph  
Duncan, Kara  
Eaves, Douglas  
Enberg, Carol  
Golden, Sherrill A.  
Golden, James L.  
Golden, Patricia  
Guiu, Dumitru  
Guiu, Viorica  
Hatchett, Sharon  
Johnson, Billie Ms.  
Johnson, Markiea  
Martin, Michael  
Meeks, Kim  
Meeks, Taniyah  
Merritt, Tamala  
Miller Jr., Antonio  
Monroe, Sam  
Monroe, Tanya  
Pinard, Viviana  
Radley, Bryan  
Ransome, Gregory  
Sammons, Bernie  
Scott, Devon  
Scott, Dorothea  
Sher, Lois  
Smith, Paulette  
Sullivan, Noah  
Walker, Deneen  
Walker, Jasmine  
Williams, Linda  
Williams, Norman  
**SICKNESS 02/25/25**  
Barnett, Jewel

Baumstack, Liza  
Blake, Maria  
Brown, Joyce  
Brownlee, Ethel  
Buckley, Darrell  
Busy, Brittney  
Carter, Alfred  
Cole, Barbara  
Conner, Jack  
Cox, Jonathan Jr.  
DeClue, Rosalynn  
Delaney, J.  
Dye, Margaret  
George, Betty  
George, Christine  
Gilliland, John  
Gurley, Earline  
Jones, Keiarra  
Harris, Latanya  
Leong, Desmond  
Lewis, Joi  
Locke, Wilma  
Harris, Tobey  
Harris, Willie  
Hart, Edgar  
Hayes, Regina  
Hollins, Albert Rev.  
Jammer-Webb, Jallah  
Latham, Jean  
Lehmkuhl, Karen  
Littleton, Ginny  
Magnus, Sonette  
Moore, Wilbert  
O'Brien, Nancy  
Officer, Marion E. Jr.  
Oldani, Shirley  
Payne, Lonnie

Pointer, Nelson  
Polek, Dave Fr.  
Remsburg, Cory Sgt.  
Roberts, Nounita  
Robinson, William, Jr.  
Rodgers, Erby Lee  
Salter, Debi  
Sheppard, Joyce  
Simpson, Ronald  
Smith, Paulette  
Sonnenschein, Joseph  
Sparkman, Judah  
Stayton, Michael  
Strong, Betty  
Townsend, Bob  
Venverloh, Karen

**SHUT-IN**

Atherton, Andrew  
Brack Dorothy  
Cloyd, Selena  
Darris, Martha  
Farr, Synthia  
Hughes, Irene  
Kilgore, Yetta  
Lee, Hazel  
McCoy, Carolyn  
McGinnis, Kathy  
Moore, Brenda  
Reedy, Sid  
Skinner, Joanna  
Smith, Melba  
Whitfield, Edna

**BAPTISM GUIDELINES:**

**Newborn – 6 years old.** A parent or legal guardian and godparent(s) must attend a Baptism preparation class, instruction materials are provided.

**Ages 7 – 10:** The child must attend special Baptism preparation classes and the parent(s) or legal guardian and godparent(s) must attend a Baptism preparation session prior to the ceremony.

**Ages 11 – 17:** The young person must enroll in the Rite of Christian Initiation for Children (RCIC) program.

**Age 18 and Older:** The Candidate must enroll in the Rite of Christian Initiation for Adults (RCIA) program.

**MATRIMONY –** Engaged couples, seeking to be married at the Rock Church, must meet with the Pastor before setting a date.

**RCIA/RCIC – ARE YOU SOMEONE OR DO YOU KNOW SOMEONE WHO...**

- Has expressed an interest in becoming Catholic?
- Has a child over the age of seven who has not been baptized?
- Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

We offer an opportunity to come together in a group to learn more about the Catholic Faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist. There are separate sessions for children and youth. You are welcome to participate in the process with your questions, insights and your faith story in a warm accepting setting.

*For information on requesting any of the above Sacraments and/or to register for classes, please contact the Director of Religious Education, Sharon Cooney-Smith at 314-533-0304 ext. 1001, or via e-mail @ [scooneysmith@stalphonsusrock.org](mailto:scooneysmith@stalphonsusrock.org).*

***Prayer For Renewed Strength***

O Lord, my God, Please give those listed above the grace to maintain their hope in You.  
Through all of life's changes and to taste and see  
Your goodness.  
Amen

**ANointing OF THE SICK & VISITS**

*"Is anyone sick among you? Call in the priests of the church and they will pray for the sick person and anoint them with oil." (James) This is the sacrament of the sick.*

*ARE YOU SERIOUSLY SICK, GOING TO THE HOSPITAL OR HAVING AN OPERATION?*

*Call and leave your hospital information at the office*



## LITURGY NOTES

### *Every Tree Is Known by Its Fruit:*

One of the oldest known depictions of Jesus is that of Christ the Teacher. By the sixth century, we see images of the Master reflected as both God and man, both merciful and just, the Light of the World who enlightens the minds and probes the hearts of his disciples. Christ desires to teach us his way of holiness.

Being a person of virtue means being one who is well integrated. Our ability to live the Christian life with integrity means that our whole person is aligned in the ways we believe, think, speak, and act. The person who we are out in the world reflects the person who we are behind closed doors. Sacramental preparation and religious formation are intentional time periods in which we learn from Jesus what it means to accept the grace of integration. In our catechesis and prayer, we come to better understand how we ought to live as intentional witnesses and baptized members of the Christian community.

Nevertheless, the work of integration is the work of a lifetime, accomplished little by little each day as we grow in our willingness to leave *the* old self behind and experience the freedom of an identity in Christ. While our beliefs matter, the true measure of our faith is determined by our willingness to allow them to inform and transform our choices. We demonstrate proficiency and provide an authentic witness of the gospel when the head is in union with the heart. In this way, the work of evangelization is accomplished. The light of Christ shines brightly within us and illumines the darkness of this world when we learn from the Teacher how to be his hands and feet.

### **PROMPTS FOR FAITH-SHARING**

- What relationships bring you closer to God? -- What fruits do they bear that help you know God is near?
- When our vision is distorted, we cannot see clearly -- What "beams" might be in your eye, keeping you from seeing the truth of who God is?
- The image of being a thriving, fruit-bearing tree runs through the readings today. -- What fruits might God be calling you to bear?

*(Source: Living Liturgy: litpress.org)*

ANNOUNCEMENTS



**Lenten Revival**  
**March 10, 11, 12**  
**7pm**

**Prayer! Praise!**  
**Preaching!**

Rev. Ako Walker, C.Ss.R.  
Revival Preacher  
Pastor, Sacred Heart of Jesus Parish  
Baltimore, MD



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SECURE PARKING

**'Rock' Seniors in Action**  
**will meet Tuesday, Mar 4<sup>th</sup>**  
**(first Tuesday) in the gym after**  
**OMPH Devotions**  
**A light lunch will be served.**



**Ash Wednesday**  
**Service**  
**March 5, 2025, 11:30 a.m.**



ST ALPHONSUS "ROCK" PRESENTS

# FISH FRY

FUNDRAISER

STARTING MARCH 7<sup>TH</sup>, AND EACH FRIDAY THROUGH APRIL 11<sup>TH</sup>, 2025  
SOUL FOOD FRIDAY MARCH 21<sup>ST</sup> AND APRIL 4<sup>TH</sup>, 2025

**MENU**

CATFISH FILLET, JACK (WHOLE),  
AND COD DINNER \$17 (INCLUDES SPAGHETTI,  
COLE SLAW, AND SMALL DESSERT)  
SANDWICHES \$12 (EXTRA FISH \$5) SIDES \$3  
DESSERTS \$3 BEVERAGE \$1 (WATER AND SODA VARIETY)



LOCATION  
1118 N GRAND BLVD  
ST. LOUIS, MO 63106

Time:  
11<sup>am</sup> to 5<sup>pm</sup>

CALL IN ORDERS BEFORE 3PM THURSDAY PHONE 314-533-0304

In Loving Memory of Glenn Miller, Roberta George, and Alonzo Green



The Glenn Miller Foundation

## LENTEN FISH FRY DONATION REQUEST

- Spaghetti | Chucky Tomato Sauce
- Andy's Red Breading
- 3 Compartment Food Containers
- Case of Water | Soda | Pound Loaf/Sliced Cake
- Store Bought Packaged Desserts
- Frozen Cheese Cake (Sam's)
- Sweet Stripe Soft Peppermint

THANK YOU FOR YOUR SUPPORT!!



General Fund Actual Contributions Received		
FEBRUARY	16 <sup>th</sup>	23 <sup>rd</sup>
Envelopes	\$ 5,361.00	\$ 8,763.00
Electronic Offering	\$ 1,646.00	\$ 888.00
Loose Offering	\$ 61.00	\$ 176.00
Total Offering	\$ 7,068.00	\$ 9,827.00
Weekly Target Amount	\$12,500.00	\$12,500.00
Under/Over Weekly Target	\$( 5,432.00)	\$( 2,673.00)

**Stewardship Prayer...**

That we use God’s gifts in the way He intended to bear good fruit and for the glory of His name.

*“A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit.”*

LUKE 6:43

Are you using your gifts in the way God intended? Have you asked God how He would like you to use them? Do you compare yourself to others and complain about what you don’t have instead of being thankful for what you do have? God gives each of us unique gifts and a unique plan. Listen to how God is calling you to use your gifts, to bear good fruit, for the glory of His name.

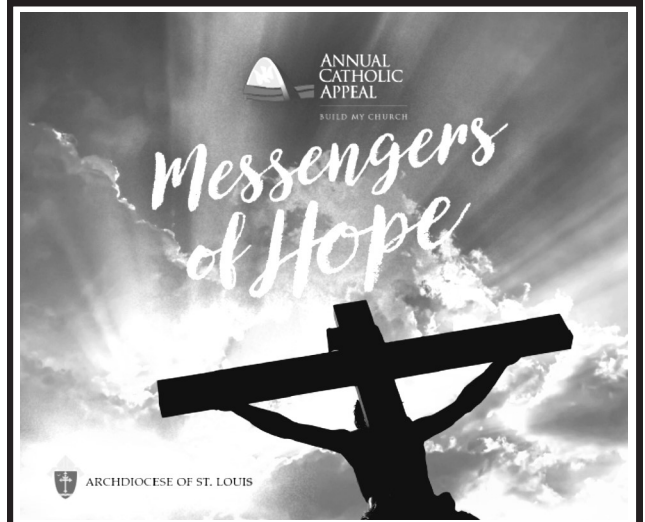
**Missionary Discipleship – Listen**

Most of us have difficulty hearing Jesus’s voice, and many would ask, “How do I even do that?” We will never hear the voice of Jesus if we don’t listen to it or if we do all the talking during our prayer time. Prayer is meant to be a conversation, and in a conversation, we are challenged to balance the amount of time we speak with the amount of time we listen. The easiest way to hear Jesus speak to us is through the Scriptures, but we can also hear Him through others, creation, music, etc. The most important part of this is the actual listening. “Jesus, during our upcoming Lenten journey, please help us open our hearts and minds so we can hear Your voice and listen to what You are saying to us. Then please give us the courage to follow any directions you give us. Amen.”

Dynamic Catholic started with a dream: to help ordinary people discover the genius of Catholicism.

This is an organization where you can go to find many resources for free.

Visit [archstl.org/dynamic](http://archstl.org/dynamic) to view all the resources available to you!



We need volunteers to work the Annual ACA, a Stewardship Committee project. This is the Archdiocese fundraising campaign to fund the many organizations in our diocese that provide all kinds of help to so many. Looking forward to your email response to parish130@archstl.org, the ROCK Church email, with your name, email address and phone number.

**PRAY FOR OUR COMMUNITY**

**Inclement Weather**  
Office Closed When...  
STL Public School Are Closed



## OUR LADY OF PERPETUAL HELP PRAYER MEMORIALS

**Continuous prayer for the “Rock” Saints who have transitioned from labor to reward during the past five years**

Larry Ambus, Garvin Anderson, Hortense Anderson, Anita Louise Banks, Lillian Barnes, Loretta Beasley  
 Jean Irene Becker, Herron Beckley, Ida J. Bohannon, Roderick Bolden, James R. Boykin, James Buford  
 Irving Clay, Willie Cunningham, Judith Dickson-Durham, Kevina A. Doss, Sallie duMaine, Sr. Carolyn Emerson  
 Fr. Kyle Fisher, C.Ss.R., Alice Gathright, Roberta George, Terrance Gipson, Sr., Jermaine Gordon, Alonzo Green  
 Catherine Gregory, Georgette Gregory, Walter T. Gregory, Willie “Clarence” Griffin, Donna Hall, Barbara Harris  
 David Robert Herron, MaryAnn Hinton, Cassandra Hollins, Rosalind Hood, Jamar Huffmon, Willie Huffmon, Barbara Hudson  
 Jones, Nadine Jones, Fr. Anthony “Tony” Judge, C.Ss.R., Robin Kyles, Stephen LaBerta, Rosemary Lee, Mary Ann Lewis  
 Joan Lowe, Juanita Luster, Anice Mahone, Isis Aaliyah Mahr, Kyle Martin, Bernice McCoy, Michael P. McCoy Sr.  
 Eric L. McKinnie, Louis T. McKinnie, Glenn Miller, Roy Miller, Paul J. Naugles, James Joseph O’Brien, Bernice O’Neal  
 Anne Ortwerth, Thelma Paul, Mae Peters, Alton Pritchard, Christian Reedy Judith Reedy, Wendell M. Sams, Pearlie Savoy  
 Catherine Sherman, Robert Smith, Jr. Lorraine Fite Stewart, Shontea Stricklin, Gloria Taylor, Oswald Lee Thomas  
 Mary Ann Thompson, Robert “Bobby” J. Valle, Jr., Saundra Wallace, Ralph Watkins Jr., Ruby Wicks, Jessica Williams  
 Alvin Leon Wilson, Vernie Woolfork, Clarence Zacher

**SACRAMENTAL PREPARATION**

Sharon Cooney-Smith, DRE  
 314-533-0304

RCIA/RCIC  
 Children’s Liturgy of the Word  
 Baptism  
 First Reconciliation  
 First Communion  
 Confirmation  
 Matrimony

**COMMISSIONS & CHAIRS**

Christian Formation	TBD
Christian Service	Hilda Phillips
Finance & Adm.	Monica Huddleston
Liturgy	Richard Buckley
Peace & Justice	Kathy McGinnis
Social Life	Rose Graham
Youth & Young Adults	Ronda Smith Branch

**COMMUNITY HELP**

Wilhelmina Hardin Food Pantry  
 Terri Schneider, Dir. of Wilhelmina Hardin Food Pantry  
 (Emergency Aid) (314) 944-2909  
 St. Charles Lwanga Center (314) 367-7929  
 Community Health In Partnership Services (C.H.I.P.S.)  
 (314) 652-9231  
 Community Women Against Hardship (CWAH)  
 (314) 289-7523

**PARISH PASTORAL COUNCIL**

<b>Robert Caldwell</b> President	<b>Ronda Smith Branch</b> Vice President	<b>Hilda Phillips</b> Secretary
<b>Theodore Branch</b>	<b>Richard Buckley</b>	<b>David Martin</b>
<b>Audrey Ellermann</b>	<b>Gregory Hood</b>	<b>Jessica Pou</b>
<b>Teresa Hudson</b>	<b>Jocelyn Woodson-Reed</b>	

**ATTENTION**

**If your telephone number, home address or email address has changed, please contact the office at 533-0304 or email [office@stalphonusrock.org](mailto:office@stalphonusrock.org).**

**Bulletin announcements must be in the office for review and approval by 12 noon Tuesdays.**

**Please fax items to 314 533-4260 or e-mail to [parish130@archstl.org](mailto:parish130@archstl.org)**